

Running and field events run concurrently and most clubs run a boys and girls long jump pit at the same time.

#### Order of Running Events:

3000 Meters (MG,MB,YG,YB,IG,IB)

80 Meters Hurdles (MB,MG)

100 Meters Hurdles (YM,IB,YB,YW,IG,YG)

4x100 Meters Relays (GG,GB,BG,BB,MG,MB,YG,YB,IG,IB)

1500 Meters (GG,GB,BG,BB,MG,MB,YG,YB,IG,IB)

400 Meters (GG,GB,BG,BB,MG,MB,YG,YB,IG,IB)

100 Meters (GG,GB,BG,BB,MG,MB,YG,YB,IG,IB)

800 Meters (GG,GB,BG,BB,MG,MB,YG,YB,IG,IB)

200 Meters (GG,GB,BG,BB,MG,MB,YG,YB,IG,IB)

4x400 Meters Relays (BG,BB,MG,MB,YG,YB,IG,IB)

#### Order of Field Events

High Jump (BG,BB,MG,MB,YG,YB,IG,IB)

Long Jump (GG,GB,MG,MB,IG,IB,YG,YB,BG,BB)

Shot Put (YG,YB,IG,IB,BG,BB,MG,MB)